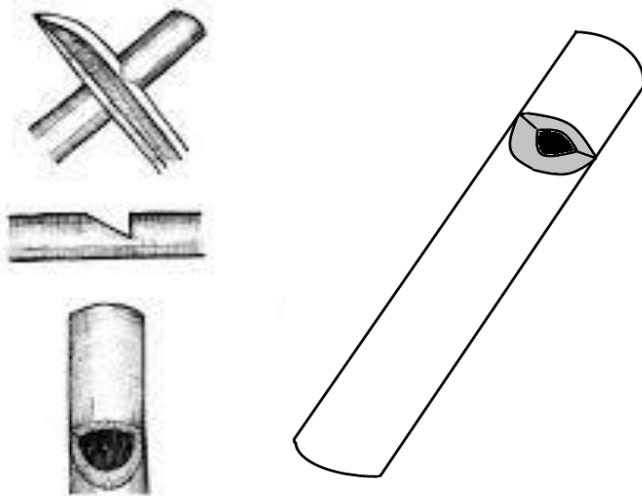


# How to make an Elder Whistle

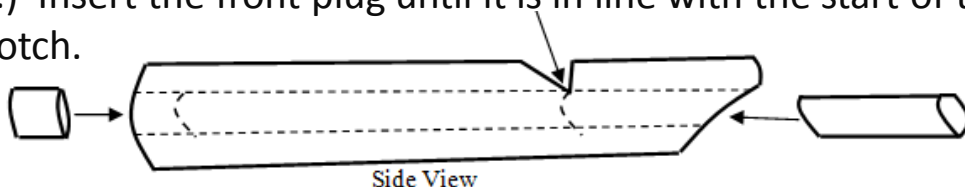
- 1.) Select a length of elder, trim to aprox 10cm in length
- 2.) Cut a notch aprox 2.5cm from one end as shown:



- 3.) Remove the soft pith from the centre of your elder piece using a tent peg.
- 4.) Create tight fitting plugs from small dead branches by shaving them down to fit.
- 5.) The end plug should be air tight.
- 7.) The front plug should be carved flat on the top to provide a small air channel (see End View below).

Note - Leave the front plug too long so that it can be pulled out and adjusted until the whistle works.

- 8.) Insert the front plug until it is in line with the start of the notch.



- 9.) Test your whistle, if it works, trim the front plug flush with the end of your whistle.



End View

Once your whistle works, The mouth piece can be shaped as above if desired or the whistle can be sanded smooth.



## Castle Rock Bushcraft